

This five hour camp will  
teach children  
ages 5-12 about:

Grief

Death & Loss

Recognizing &  
Expressing Feelings

Recalling  
Memories

Self esteem &  
Confidence

Developing Skills To  
Cope With Losses  
Of All Types

*Kidz Cope Camp  
is a service of*



108 Steele Avenue  
Gloversville, NY 12078  
(518) 725-4545  
[www.mvhcares.org](http://www.mvhcares.org)



"Creating Memories With Music"

Hands on learning and  
*activities*  
to help children who  
have experienced loss.

Saturday, October 1  
9:30am to 3:00pm  
At Mountain Valley Hospice





Children at different ages have different needs & understandings of loss. They require help that is appropriate to their developmental stage. This program was developed to help children deal with the confusion, shock, anger, pain & loneliness that accompanies the loss of a loved one. This program encourages peer support and self expression for kids in a safe and FUN environment!

# Hey Kidz!

What are you doing on Saturday, October 1st?  
We have a great day planned and it's **JUST FOR YOU!**

It's a day of food, fun & games for kids who are missing someone special.

MUSIC  
FOOD  
Crafts  
Memories

**You're Not Alone.**

## Kidz Cope Camp

### Registration

Complete this form and mail to:

Mountain Valley Hospice  
108 Steele Avenue  
Gloversville, NY 12078  
518-725-4545

Child's Name: \_\_\_\_\_

Child's Date of Birth: \_\_\_\_\_

Child's Grade Level: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_

Address (if different from above): \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

**Children must be accompanied by an adult.**

### Things needed for camp:

- Blanket or pillow to sit on
- Picture or memento of loved one.